

Value of the month – Forgiveness

Dear Parents and Carers

Science Week

We have had another hugely successful Science Week, celebrating 'Our Diverse Planet'; including a fantastic visit from the planetarium, where the children got to experience and learn about our Earth and the Solar System; an outdoor learning day, where children got to take their science learning outside and of course lots of hands on science based learning in classes. We have celebrated the children's achievements with a science focused celebration assembly today, and some of the work will be displayed in the school later on this term! Thank you to all the staff for their hard work and enthusiasm; it really has been a great week!

We also announced the overall winners and class winners of the 'SCIENCE PRINCIPLES POSTER COMPETITION' -

Early Years/KS1 overall winner - Nicholas, Apple class

KS2 overall winner - Jakub, Cedar class

Class winners:

Felix, Cherry Lois Oak, Leo Elm, Jojo Larch, Sienna Beech, Aoife Rowan Nithali Pine, Alexandra Hazel, Albin Maple, Jasmine Hornbeam, Harry Linden, Chloe Willow,

Special mention: Jake, Kourtney, Henry and Myles for their brilliant family poster



Start of Day - Soft Start!

From Monday, we will be trialing a "Soft Start" to the day. This means that when your children arrive in the morning, they will be able to go straight into class – just like on a rainy day. We had noticed on rainy days that we have a very prompt, calm and settled start to the day and have decided to trial doing it regularly. In class the children will be expected to settle quietly to read silently, or work independently on Maths or Language challenges that the teachers will plan. The register will be taken at 9am. We will review this after two weeks to let you know how it has gone and whether we wish to continue it.

Parents Evenings - POSTPONED

As the situation with the Covid virus is still developing we have decided that we will postpone the forthcoming Parents' Evenings. Hopefully, we will be able to go ahead with them in the Summer Term, but will review the situation nearer to Easter.

St Patrick's Day - Tuesday

If children wish to wear something green, shamrocks, fun hats etc to celebrate St Patrick's Day on Tuesday next week, they are most welcome to.

Book Fayre

Once again the Book Fayre will be coming to St Francis on the 30th and 31st March to support and inspire our children in their love of reading. There will be opportunities to look at and purchase books after school. Maybe your child might find the book that they remember forever!

COVID 19 Update

We would like to say that the Staff, Governors and I all share your concerns and worries over the developing virus situation. We wish to reassure you that we are following all the latest Government and Local Authority advice – [see below](#). In line with this, School remains open. The Governors and I met yesterday evening for our termly Full Governing Body Meeting and the Governors were in school today for their usual strategic visit. The virus situation and our contingency plans in case of a school closure were discussed in detail. We will keep you informed of any developments and plans if the school closes.

Please do use absence@stfrancis.surrey.sch.uk to inform us if your child shows the symptoms and they have to follow the self-isolation process. If anyone receives a confirmed diagnosis, please do ring the school office to let us know and to discuss this.

School Attendance: *It is important that we all do our best to ensure that our children's education is disrupted as little as possible. In line with current (13 March 2020) Government guidance students and staff should continue to attend school unless:*

- *They have symptoms of coronavirus infection (COVID-19), a new continuous cough and/or high temperature, however mild, when they should stay at home and not leave the house for 7 days from when the symptoms started.*

All other children and staff should continue to attend school, including their siblings attending the same or a different school (unless advised not to by public health officials or government guidance).

As events develop please do remember that the school has access to local support agencies, from the local food banks and our Diocesan crisis fund. Please do speak to me in confidence if your family needs help – we don't want any of our families to be in need during this situation.

We wish everyone a good weekend.

Mrs Wheeler – Headteacher



Raising Funds

A very 'well done' to the St Francis' children who attend the Palmer Drama Group, for their wonderful and powerful performance of The Gift at the Barn Theatre.

The production and event, on the 14th December 2019, raised an amazing £15,605.01 in support of Royal Marsden. What a great achievement.



Online Safety Update

Here is a handy link to the **Internet Matters** website for information on deciding when your child might be ready for **social media**. It discusses questions such as 'Is my child old enough?' and 'Are they doing it just because of peer pressure?'

<https://www.internetmatters.org/resources/can-i-have-a-social-media-account/>

2020 Upcoming Events

17 th	March	Year 3 Class Assembly @10am Parents are welcome
20 th	March	YR5 & YR6 Parent Partnership Meeting @ 9am
27 th	March	YR R, YR1 & YR2 Parent Partnership meeting @9am
29 th	March	British Summer time Begins (clocks go forward)
30 th	March	Parents Evening Postponed
31 st	March	Parents Evening Postponed
3 rd	April	School Closes @1pm for the Easter Break

Save The Dates

TBC	July	Year 6 Leavers' Production	Early Evening
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Friday	July 17 th	Year 6 Leavers' Disco	Evening
Monday	July 20 th	Year 6 Leavers' Mass	TBC
Wednesday	July 22 nd	Year 6 Leavers' Assembly	AM

Deadline for school trip payments KS1 27th March

Bocketts Farm – Reception
 Gatton Park – Year 1
 Rural Life – Year 2

Deadline for school trip payments KS2

Wisley –Year 3 – **6th July**
 Wintershall –Year 5-**23rd June**

Y4 Parents – please note - Y4 Multiplication Tables Check

Year 4 will be taking the statutory multiplication tables check (MTC) in June this year. The purpose of the check is to determine whether pupils can fluently recall their times tables up to 12, which is essential for future success in mathematics. It will also help your child's school to identify pupils who may need additional support. The Y4 teachers are helping the children in school. All classes have access to and should be using Timestables Rockstars and Purple Mash, both of which have a timestables section. Year 4 are encouraged to do extra on these as the test will be an online one and this will help them in preparation for the test.

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/869846/2020_Information_for_parents_multiplication_tables_check.pdf

PARENT PARTNERSHIP



We are writing to warmly invite you to our first **Parent Partnership Meeting for Year 5 and 6**

9^{AM} (after drop off) Friday 20th March

This is an invitation for parents, family members, guardians and carers of children in **Years 5 and 6** to come along and discuss a wide range of issues, such as e-safety, homework, after school clubs and year group learning expectations, but it really is about anything that affects you and your children that you may wish to bring to our attention.

It's a chance for you to ask questions, express any concerns that you may have, and gain information about any future plans and developments for the school.

If you have any queries, please don't hesitate to contact us.

It will be a relaxed and informal chance to meet with staff and share your views about how things are going at the school and how we can improve.

If you are interested in attending, please email: office@stfrancis.surrey.sch.uk or call the school office 01883 342005. (We just need an indication of numbers.)

We are writing to warmly invite you to our first **Parent Partnership Meeting for Year 1, 2 and Reception**

9^{AM} (after drop off) Friday 27th March

This is an invitation for parents, family members, guardians and carers of children in **Years 1, 2 and Reception** to come along and discuss a wide range of issues, such as e-safety, homework, after school clubs and year group learning expectations, but it really is about anything that affects you and your children that you may wish to bring to our attention.

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Communicating with staff (first port of call should be via the class teacher)

1. School Planner- all general messages that are non-confidential.
2. For the attention of the class teacher, please email the school office.
office@stfrancis.surrey.sch.uk
3. Requests for meetings should come via the school planner or office.
4. Confidential messages should be sent via the school office (email or hand-written) and should be marked for the attention of the staff member and marked confidential.

School Association.

Quiz Night - 25th April. Tickets will be on sale for this at the normal ticket tailor site soon.

Circus - 25th June

Leavers Disco - 17th July

Next PTA meeting is on the 22nd April at 7:30pm in the school hall

Lunch Money

The amounts due for the Spring term are as follows:

Weekly - £11.75 Second half term - £70.50 Whole term - £138.65

Surrey Arts Guitar Lessons

Your child can learn guitar right here at school on Friday mornings. Experienced teacher Mr De'Oliveira provides 20-30 minute one on one lessons. Grade tutorage available.

Remissions are available for those in receipt of free school meals, Surrey Young Carers or Looked After Children. Guitar hire is available from Surrey Arts for just £18 per term.

To apply for our lessons please submit an application form to: www.surreycc.gov.uk/music

Here is our current price list: <https://www.surreycc.gov.uk/culture-and-leisure/arts/music/lessons-for-children/costs>

Both group & individual lessons available, subject to availability of suitable students.

For more information or to apply for lessons, please contact Surrey Arts on:

T: 01483 519303

E: surreyartsmusic@surreycc.gov.uk



Bunnies are you ready?



Sunday morning 5th April 2020 will see the 13th annual Caterham Rotary Easter Bunny Fun Run take place in Queens Park, Caterham on the Hill.

The two events, 1k and 5k are open to runners and walkers who may choose to raise money for their own charity or organisation or Rotary charities or simply to take part and enjoy this community as well as helping to keep fit.

Every finisher will be given an Easter egg with additional prizes to the winning best dressed bunnies and fastest runners getting larger eggs.



I'M NOT NAUGHTY – I HAVE AUTISM

Interactive and intensive 3 week course to help understand autism, share experiences in friendly, non-judgemental environment

start: Tuesday 17th March 2020 end: 31st March 2020

9:30–2:30 pm

Coffee/Tea from 9:15 am

Caterham Children's Centre Marden Lodge Site

Croydon Road CR3 6QH

Booking via Caterham Children's Centre

tel: 01883 348641

During the course we will cover:

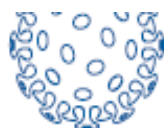
- what autism is
- problems with social interaction and communication
- sensory processing and self-regulation
- link between autism, anxiety and meltdowns
- strategies to support including available therapies
- your rights as parents and your mental well-being
- hands on practice including making visuals, social stories and playing with blocks

The workshop is delivered by Ola Malanska,

MA Ed, experienced practitioner and parent of an autistic boy



Public Health
England



Advice on the coronavirus for places of education

How serious is the coronavirus?

- it can cause flu-like symptoms, including fever, cough & difficulty breathing
- the infection is not serious for most people, including children
- there is currently no vaccine
- most people get better with enough rest, water to drink and medicine for pain

How likely are you to catch the virus?

- you can only catch it if you have been close to a person who has the virus
- the chance of being in contact with the virus is currently low in the UK
- if you have travelled to areas where many people are infected, your chance of catching the virus is higher, i.e. China and any affected areas

How can you stop coronaviruses spreading?

If you need to cough or sneeze



Catch it
with a tissue



Bin it



Kill it
by washing
your hands with
soap & water or
hand sanitiser

You should wash hands with soap & water or hand sanitiser



After breaks
& sport
activities



Before
cooking
& eating



On arrival at
any childcare
or educational
setting



After using
the toilet



Before
leaving
home



Try not to touch your
eyes, nose, and mouth
with unwashed hands



Do not share items that come
into contact with your mouth
such as cups & bottles



If unwell do not share
items such as bedding,
dishes, pencils & towels



Stop germs spreading with our e-Bug resources on hand and respiratory hygiene lesson plans for KS1, 2 and 3: campaignresources.phe.gov.uk/schools

What should you do if you feel unwell?

Keep away from others and stay at home to stop the infection spreading. Avoid public transport if you think you have symptoms of coronavirus. If you become unwell at a place of education, tell a member of staff and let them know if you have travelled to any other countries in the last 14 days.

If your staff member or parent thinks you have symptoms of coronavirus, they should call **NHS 111** for advice. Follow the UK Government advice for childcare or educational settings gov.uk/government/publications/guidance-to-educational-settings-about-covid-19. Parents can visit **NHS.UK** to find out more information. Teachers and support staff should follow the UK Government advice.

Staff, students and pupils who have returned from Wuhan and Hubei Province in China should self isolate, and NOT attend education or work for 14 days. See **NHS.UK** for advice on coronavirus.

If there is an emergency, call 999 immediately



If you are finding it difficult to cope, we can help.

Each year one in four of us will experience a mental health problem. You are not alone.

Improving Access to Psychological Therapies (IAPT)

If you are over 18 and registered with a GP in the East Surrey Clinical Commissioning Group area – which includes Tandridge, Redhill and Reigate, you can access free help and support directly.

Who can help me?

There is a range of options available and you don't necessarily have to see your GP. We have introduced self-referral for psychological therapy – so you can book appointments direct with a therapist.

What treatments are available?

There are five available services which look at each person's individual needs and offer the type of care likely to help the most with a range of conditions, including, for example, depression, panic attacks, OCD, post trauma and phobias, living with a long term condition. You can contact any of these organisations directly and ask for a free appointment on the NHS.

📍 DHC (Dorking Healthcare)

Locations: ~~Holmhurst~~ Medical Centre (Redhill/~~Merstham~~) • ~~Smallfield~~ Surgery • ~~Merstham~~

Tel: 01483 906 392

www.dhcclinical.com/iapt.php

📍 Ieso digital Health

Telephone and online service:

- One-to-one cognitive behavioural therapy in real time using typed conversation over secure internet connection

Tel: 01954 230 066

www.iesohealth.com/surrey

📍 Think Action

Locations: Reigate • Redhill • Oxted • Caterham

Tel: 01737 225 370

Text TALK to 82085

www.thinkaction.org.uk

📍 Mind Matters

Locations: Redhill • ~~Oxted~~ • Caterham • Reigate • Dorking • Epsom

Tel: 0300 330 5450

www.mindmattersnhs.co.uk

📍 Centre for Psychology

Locations: Redhill • Reigate • Caterham and across Surrey

Tel: 01737 306020

Email: eastsurrey@centreforpsychology.co.uk



Thrive is a specific way of working with children that helps to develop their social and emotional wellbeing, enabling them to engage with life and learning. It supports them in becoming more self-assured, capable & adaptable. It can also address any troubled, or troubling behaviours, providing a firm foundation for academic attainment



Thrive Guiding Principles:

Every child is a unique person, constantly developing & learning in different ways and at different rates, each with their own abilities, talents & potential to be fulfilled

Children's healthy development, emotional wellbeing & learning are crucially dependent on, and promoted through positive relationships.

Children flourish when they are confident, self-assured, capable and resilient

Children thrive in enabling environments where their individual development, learning experiences and needs are understood, responded to and supported through strong relationships with parents and carers.



Let's help YOUR child to Thrive



Tara & Rachel are licensed Thrive Practitioners