St. Francis' School Newsletter 10th January 2020



Value of the month – Faith



Dear Parents and Carers

Welcome back for the Spring Term. The Staff, Governors and I hope you had a wonderful Christmas and I would like to take this opportunity to send my thanks, and that of the Staff, for all the lovely cards, messages and gifts you gave us at the end of term. We all wish you a Happy New Year and send our best wishes for 2020.

We began our first week back with our Epiphany Blessing Assembly on Monday – ask the children for the meaning of 20+C+B+M+20. We asked God to bless us, our families and our school - our 'home form home' for the coming year. Our Keystage assemblies focused on the faith of the wise men and our own journeys in love and faith. Faith is our Value of the Month.

Reception Class Admissions - September 2020 - Deadline 15th January – This approaching fast. This is to remind those parents who are applying for a Reception place for September 2020, that the final date for applications is the **15th January 2020**.

You <u>must</u> complete a Surrey Form as well <u>as our Supplementary Information Form</u>.

To find all the information you need, please visit www.surreycc.gov.uk/admissions

SEND Coffee Morning: 6th February: See details below for

PTA meeting: The next meeting is on Wednesday 15th January at 7:30pm in the school hall - please come along if you can!

Have a lovely weekend.

Mrs Wheeler & Staff





Wow- Living Streets, Lets Walk To School

St Francis has chosen to be part of an exciting nationwide challenge to encourage more children and their families to walk to school during the academic year.

The WOW- year round walk to school challenge is being delivered by Living Streets a UK charity to get as many children as possible walking.

WOW rewards children who walk to school at least once a week with a collectible badge each month. There are 11 badges to collect across the year and daily journeys are logged on our interactive **WOW Travel Tracker** accessed through the school's computer in the classroom. If your family already cycles or scoots to school these count towards earning a **WOW** badge. You can also Park and Stride, just park at least 10 minutes away from the school and walk the rest of the way. More families walking means fewer cars on the road during the school run, helping to reduce congestion and pollution at the school gates and get as many children as possible experiencing the benefits that walking to school brings.

| 2020 Upcoming Events | | | | |
|-----------------------------------|----------|--|--|--|
| 15 th | January | Deadline for Reception place applications | | |
| 24 th | January | School Winter Disco KS1 & KS2 | | |
| 11 th | February | High Ashurst (Year 4) | | |
| 13 th | February | School closes for half term @3.30pm | | |
| 14 th | February | Inset Day School Closed Friday 14th | | |
| 2 nd | March | Fairtrade Fortnight Begins | | |
| 4 th | March | Down House (Year 6) | | |
| 5 th | March | World Book Day | | |
| 7 th | March | PTA Spring Ball | | |
| 9 th /10 th | March | Science Week begins- Science Planetarium (both days in school) | | |
| 11 th | March | Outdoor Day (details to follow) | | |
| 16 th | March | Egyptian Day (Year 3) | | |
| 29 th | March | British Summer time Begins (clocks go forward) | | |
| 30 th | March | Parents Evening | | |
| 31st | March | Parents Evening | | |
| 3 rd | April | School Closes @1pm for the Easter Break | | |

Thank you!

I would like to take this opportunity to pass on my heartfelt thanks to the kind anonymous person who left a very thoughtful gift at the office for me before the Christmas break.

I am extremely touched. Thank you once again. Mrs T Griffiths.

Recycling Crisp Packet Scheme

St. Francis School have joined the 'Crisp Packet Recycling Scheme' whereby our collected, empty crisp bags are used – amongst other things - to make foil blankets for air ambulance patients etc...

As well as the collection box we have in the dinner hall, in January there will also be a box at reception. All we ask is that you shake out any excess crumbs and flatten the crisp bags then when you have a batch in a bag, bring them in. The large multi-pack bags are also accepted.

With the help of my Eco Warriors, the bags will be packed up and weighed ready to be collected on a monthly basis.

Many thanks, and Happy crisp eating!

Communicating with staff (first port of call should be via the class teacher)

1. School Planner- all general messages that are non-confidential.

2. For the attention of the class teacher, please email the school office. <u>office@stfrancis.surrey.sch.uk</u>

3.Requests for meetings should come via the school planner or office.

4. Confidential messages should be sent via the school office (email or hand-written) and should be marked for the attention of the staff member and marked confidential.

Payments

Please ensure that <u>all</u> payments sent to school office are put in an envelope, clearly marked with your child's name and what the money is for. Thank you

Food Bank and Crisis Fund to Support for Families in Need

Please can our families be aware that the school has access to some support networks for families in need. If a family has a crisis or needs support, please contact Mrs Wheeler (Headteacher) or one of the Senior Leadership Team for details of help available. All enquires will be dealt with in utmost confidence.

Lunch Money

The amounts due for the Spring term are as follows:

Weekly - £11.75 First half term - £68.15 Whole term - £138.65 Second half term - £70.50

| School Fund/ Governors Fund Letter Please can all parents return the response slips attached to our Chair of Governors letter sent out recently, regarding School Fund & the Governors Fund. A reply is required by all families and we | School Office Hours Please be reminded that the school office is open to parents from 8:45am until 4pm, Monday to Friday only. Outside these hours, the gate buzzer and telephone are not supervised. If you need to arrange for your child to be collected early from an internally run club, please make sure that you let the school office |
|---|--|
| A reply is required by all families and we do not want to have to chase you. Your assistance is greatly appreciated. | please make sure that you let the school office know as early as possible, preferably before 1pm. If they attend an externally run club, please contact the provider directly to arrange early pickup. Thank you. |

E-Safety Update

This week's link is to the BBC's 'Own it' website. Please visit it for ideas on esafety, including using social media and how to get the most out of online activities such as gaming and coding. <u>https://www.bbc.com/ownit</u>

Reminder – Letters Home

Please can we remind parents of the <u>importance of responding to school letters promptly</u>. The school office is spending a vast amount of time, and money on texts, chasing outstanding payments and paperwork If you have any queries or difficulties with payment, please contact the school office. Thank you

Absence Procedures

Please remember to use <u>absence@stfrancis.surrey.sch.uk</u> to report that your child is ill or will be in late or leaving early for an appointment. Please do not use office email.

Notification should be made by 9.30am on the first day of absence. You need to notify the school on **each** continuing day of absence, even if you expect your child to be off school for a few days. Where possible, all other appointments should be made outside school hours.

Please provide details of why they are off, unwell is not sufficient. In the event of vomiting or diarrhea would you please keep your child at home until they have been free of all symptoms for at least 48 hours.



Friday 6th March at 9am

Blossom Room __ please enter through the double doors

to the Junior Library not through the Office

This will be an opportunity for parents to come along and ask any questions or have any queries answered. It is also an informal chance to meet with other parents and carers, who may have similar experiences; we are keen to build a network of people that can provide support and encouragement with the rewarding, but challenging, life of a parent.

All parents and younger siblings welcome

School Association.

Winter Disco

Tickets are now on sale for the Winter Disco on the 24th January. Please visit <u>www.tickettailor.com/events/stfrancisschoolassociation</u> to buy yours. The disco is from 5pm to 6:30pm for KS1 and from 7pm to 8:30pm for KS2. Tickets are £4 and include a hot dog and refreshments. There will be a tuck shop open on the night and suggested maximum spending money is £5. Please remember that no mobile phones/ipads etc are allowed.

Spring Ball

We are looking forward to a fun night out again at the Spring Ball at Surrey National on the 7th March. This is a great opportunity to get a group of friends together and come along for a meal and dancing. Tickets are available

at www.tickettailor.com/events/stfrancisschoolassociation.

Tickets include DJ; reception drink and three course meal. Smart dress is suggested (no jeans/trainers please)

Save the Date Quiz Night - 25th April Circus - 25th June

Next PTA meeting is on Wednesday 15th January at 7:30pm in the school hall - please come along if you can!





WINTER DISCO

Friday 24th January 2020





Tickets are available online at: www.tickettailor.com/events/stfrancisschoolassociation £4.50 per ticket, includes hot dog & refreshments.

Clow sticks and sweetie bags etc. will be available to purchase on the night. Maximum suggested spending money £5. No mobiles of iPads allowed.



Understanding Children's Behaviour Course for Parents/Carers

Description

Identify different types of behaviour, how the use of routines and praise can encourage positive behaviour, explore strategies for dealing with difficult behaviour. Free Family Learning 5 week course for parents/carers of children aged up to 7. Pre-booking essential.

Who to contact

Contact Name Jane Lawrence Contact Position Assistant Curriculum Manager Telephone 01483 518435 07800 728452 E-mail jane.lawrence@surreycc.gov.uk Website surreycc.gov.uk/.../familylearning

Location

Marden Lodge Primary School Address Croydon Road Caterham Postcode CR3 6QH

Time / Date Details

Thursday 16 January - 13 February 2020 - 1pm - 3pm Session Information Pre-booking essential

CAMHs ASD Parent Support Group. This group is organised by CAMHs and runs on a monthly basis. Session are between 9:30 and 11:30am at Gatton Place, St Matthews Raod, redhill. RH1 1TA. For further information please contact Redhill CAMHs on 01737 288700.



You are warmly invited to a Mothers Prayers Talk

Nothing is impossible for God -There is Hope for Your Children

Date: Saturday 8th February 2020

Time: 2.00 p.m. – Registration and Tea/Coffee

2.30 p.m. – Talk by Carolyn Hart

National Coordinator for England & Wales

Place: Sacred Heart Church,

Old Hall (behind the church)

Essendene Road, Caterham CR3 5PB

- Cost: Voluntary donations are welcome.
- Notes: Plenty of car parking.
- Contact: Allison tel: 07986511514 or <u>al.pullin@ntlworld.com</u> Anneliese - tel: 07956241427 or <u>anneliesem2@yahoo.com</u>

What is a Primary Mental Health Worker?

We work with anyone aged 6 to 18 that is experiencing mild to moderate mental health difficulties.

Working on a short term basis to benefit young people around their struggles.

This could include things like:

- Anxiety
- Self-harm
- Suicidal thoughts (without attempting or making plans to commit suicide)
- Low moods
- Consistently angry
- Withdrawn from others
- Self Esteem / Body Image/ Self Worth
- Bullying
- Help to minimise the impact of negative life experiences
- Bereavement/Loss

You can see our PMHW in school.

How to refer

If you would like to find out more or to be referred to our Primary Mental Health worker:

- Speak to our Inclusion Manager Mrs Dommett
- Speak to our ELSA Mrs Hamilton
- Come to a drop in session on Thursdays at 9am
- Call or email us (see over for details)

Ways our support is delivered

There are many different ways in which we can provide support, these include:

- Solution focused
 intervention
- Guided self help
- Group Work
- One to one



CONTACT US

Drop in and speak to our Primary Mental Health Worker for a friendly, informal chat from 9 to 9:30 every Thursday.

> Phone consultations by appointment only

One to one meetings by appointment only

Call Mrs Dommett on: 01883 342005 Email: Iorna.dommett@stfrancis.surrey.sch.uk

Useful Contact numbers:

| Samaritans: | Free phone 116 123 |
|-------------|------------------------------|
| Parentline: | 0808 800 2222 |
| Child line: | 0800 1111 |
| NHS direct: | 111 – non emergency helpline |

Family Information Service: new.surreycc.gov.uk/people-andcommunity/family-information-service

Young Minds: www.voungminds.org.uk 0808 802 5444 Kooth: kooth.com

PMHW

Confidentiality

We believe you have a right to privacy so we offer a confidential service.

Everything you tell us can remain confidential. This means we won't talk about any details you tell us to anyone else unless there is a serious risk of harm to you or another person.

How are we doing?

We want to hear what you think about our service to help us offer the best service possible. Please let us know what we are doing well and how we could improve. You can do this by completing an evaluation form available from our Primary Mental Health Worker.

Primary Mental Health Worker (PMHW)



A service for children, parents and staff who would like to discuss mental health difficulties with a professional in school.





St. Francis' Catholic Primary School – Spring Term 2020

Dear Parents/Guardians of St Francis Juniors,

A FEW PLACES ARE AVAILABLE...after school on Monday's and Friday's young artists have the opportunity to be creative using a variety of materials and learn about famous artists from around the world. Visit: www.alicjadesigns.com/art-workshops to see the fantastic artworks produced by St. Francis pupils over the years! All art materials are supplied. Your child's artworks will be saved in their portfolio, which can be proudly shown to friends, family and future secondary schools when applying for Art Scholarships.

The termly fee is £75 for 10 weeks. To book a place please email: alicja@alicjadesigns.com



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<u>Contact information:</u> Text: 07557 351405 Email: flexiflics@amail.com

<u>Monday and Friday Morning</u> <u>Gymnastics Club At St Francis</u>

A gymnastics club will be running in the hall on a Monday and Friday morning. Monday morning sessions are for year 1 and 2 and will run from 8:00 – 8:45am. Friday morning sessions are for run for year 3 – 6 and will run 8:00-8:45am. Children are dropped off at the school office, and will get changed ready for class at the end of the session.

If you wish to sign up, your child will learn different gymnastics moves and progress through the Winstrada award scheme, hopefully achieving a badge and certificate at the end of the term, which can be purchased for £3.50. In addition to this your child will develop their coordination, balance, confidence and general gymnastics skills, while being in a fun and safe environment.

> The course will run for 10 weeks this term. Monday class will run from 13th January – 23rd March Friday class will run from 10th January – 27th March. (excluding half term and inset days) The cost for this term is £50.00 (£5.00 a session)

To book a space at before school gymnastics club please contact Flick on 07557 351405 or email her at <u>flexiflics@gmail.com</u>.

A link and payment information will then be sent to you to register your child's place via our online booking system. Please complete the form and follow payment instructions.

Please note, new starters are allocated spaces, on a first come first served basis. If the class is full when you contact us we will let you know and you can be added to our waiting list in case a space becomes available. Spaces will not be held without payment, so please ensure you do both.

Please also note, all fees are non-refundable once your child has been received a space.

We hope To See You At Gymnastics The Flexi Flics Team

Supporting children through the loss of a loved one







INFORMATION EVENING

How to support your children when someone close to them is dying

Wednesday 29th January 2020 7 - 9pm

- Exploring when to tell the children
- Physical and emotional responses from children
- Choosing the right words
- Age appropriate information

- * School issues
- Making memories
- Family advice and support

Kindly hosted by: East Surrey Macmillan Cancer Support Centre Canada Avenue, Redhill, RH1 5BF Free parking (if car registration is provided in advance)

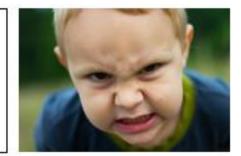


To book: 01342 313895 | info@jigsawsoutheast.org.uk

Reg. Charity No. 1147696 Company No. 08014061 Patrons: Sir Edward Davey, Tony Tobin



Thrive is a specific way of working with children that helps to develop their social and emotional wellbeing, enabling them to engage with life and learning. It supports them in becoming more self-assured, capable & adaptable. It can also address any troubled, or troubling behaviours, providing a firm foundation for academic attainment





Thrive Guiding Principles:

Every child is a unique person, constantly developing & learning in different ways and at different rates, each with their own abilities, talents & potential to be fulfilled

Children's healthy development, emotional wellbeing & learning are crucially dependent on, and promoted through positive relationships.

Children flourish when they are confident, self-assured, capable and resilient

Children thrive in enabling environments where their individual development, learning experiences and needs are understood, responded to and supported through strong relationships with parents and carers.



Let's help YOUR child to Thrive



Tara & Rachel are licensed Thrive Practitioners