



## Value of the month – Caring & Friendship

### Dear Parents and Carers

Well done to our wonderful **Head Boy and Head Girl**, Harry and Chloe, for organising and running the **Bring and Buy** toy sale. They raised an amazing £221.75 for the MS Society!

### Songs of Praise

Our wonderful Junior Choir was entered by Mrs Hardy into the “Songs of Praise” competition. We were placed 6<sup>th</sup>, as reserve in case one of the other five choirs was unable to attend. We have been advised that they are all able to attend the finals after all, so we won’t be going forward. Having said that, we congratulate them on entering and being such wonderful ambassadors for us, and we are very proud of them indeed! Thank you to Mrs Hardy for her hard work and never-ending dedication. (Please see letter below)

**PTA Drop Off Rota:** Please see the **urgent request** from the PTA for new helpers. Our Rota is something we all appreciate as it benefits so many of our children and parents – do please try to volunteer.

**Y6 Walking Home Safely:** Following recent local area concerns and alerts, we have been sent some top tips for walking safely – we thought that they may be useful for parents to share with your children. See below.

Please scroll down for advice on the Corona virus and various other pieces of information.

Best wishes for a lovely weekend,

Mrs Wheeler  
Headteacher



Dear St Francis Choir,

Congratulations on being our Reserve Choir for this year’s competition. I’m sorry to disappoint you, but our Junior semi-finalists have now confirmed that they are able to compete and so we won’t, unfortunately, have room for you this year.

I hope that you apply again in the Autumn.

Best wishes,

Karen Hannah

## URGENT APPEAL FOR DROP OFF HELPERS

Drop off runs 8:45-9, and you just need to open doors for children to get into school. It's only every 2/3 weeks depending how many helpers I get. PS. mums, dads and other carers are all welcome!

There's been a number of people leaving the rota due to work and other commitments, and numbers are dwindling.

**For this service to continue, we need more helpers.**

If you can help please email [dropoff.stfrancis@gmail.com](mailto:dropoff.stfrancis@gmail.com) with which weekdays you're available and contact details.

### Coronavirus: latest information and advice

Novel coronavirus (2019-nCoV) is a new strain of coronavirus first identified in Wuhan City, China. The Department of Health and Social Care and Public Health England are carefully monitoring the coronavirus situation and have published information and advice for the public. As the situation is rapidly developing, please check the online advice for the latest and most up-to-date information

<https://www.gov.uk/guidance/wuhan-novel-coronavirus-information-for-the-public> and the PHE blog for further information <https://publichealthmatters.blog.gov.uk/2020/01/23/wuhan-novel-coronavirus-what-you-need-to-know/>

Please share the above government advice to staff and parents/carers, as appropriate.

PHE guidance to assist professionals in providing advice to the public on how to prevent spread of 2019-nCoV infection, what symptoms to look for, and what to do if they become unwell in a variety of settings can be found below:

<https://www.gov.uk/government/publications/novel-coronavirus-2019-ncov-guidance-to-assist-professionals-in-advising-the-general-public/guidance-to-assist-professionals-in-advising-the-general-public>

Please be aware of the guidance in relation to school trips planned to China.

The Foreign and Commonwealth Office (FCO) advise against all travel to Hubei Province due to the ongoing novel coronavirus outbreak. The FCO advise against all but essential travel to the rest of mainland China (not including Hong Kong and Macao)

<https://www.gov.uk/foreign-travel-advice/china>



Public Health  
England

Novel coronavirus (2019-nCoV)

**If you have been to Wuhan, or Hubei Province, China in the last 14 days ...**

Stay indoors and avoid contact with others



Contact NHS 111 for advice



Please follow this advice even if you do not have symptoms of the virus



Do not go to work, school or public areas



Avoid visitors in your home



Avoid using public transport or taxis



If you have been to anywhere on mainland China in the last 14 days and develop any of these symptoms stay indoors and call NHS 111



Cough



Fever



Shortness of breath

Visit [NHS.UK](https://www.nhs.uk) for more information

Updated 23 Jan 2020

## 2020 Upcoming Events

11 <sup>th</sup>	February	High Ashurst - Outdoor Team Building Day for Year 4
13 <sup>th</sup>	February	School closes for half term @3.30pm
14 <sup>th</sup>	February	<b>Inset Day School Closed Friday 14<sup>th</sup></b>
2 <sup>nd</sup>	March	Fairtrade Fortnight Begins
4 <sup>th</sup>	March	Down House (Year 6)
5 <sup>th</sup>	March	World Book Day
9 <sup>th</sup> /10 <sup>th</sup>	March	Science Week begins with an amazing visit from 'The Science Planetarium' for all children. They are visiting on both days in school.
11 <sup>th</sup>	March	Outdoor Day (details to follow)
16 <sup>th</sup>	March	Egyptian Day (Year 3)
29 <sup>th</sup>	March	British Summer time Begins ( clocks go forward)
30 <sup>th</sup>	March	Parents Evening
31 <sup>st</sup>	March	Parents Evening
3 <sup>rd</sup>	April	School Closes @1pm for the Easter Break

### Coach parking next week!

Please be aware that there will be a coach parked on the Whyteleafe Road Tuesday 11<sup>th</sup> February for an Audley School trip. Remember to drive slowly and be patient if there are delays. The safety of all our children is paramount. Thank you.

### Awareness When Travelling To And From School

We are writing to alert parents to this information and to raise awareness when students are out and about.

- Always tell a parent where you are going and keep your parent(s) updated on any changes to your plans.
- Do not travel alone.
- Stay on the main routes and avoid shortcuts that take you down paths or through isolated areas.
- If someone you do not know or do not feel comfortable with offers you a lift say NO.
- If you are approached by an adult for help or for directions, stay alert. Do not approach a car window as this may be an attempt to draw you in closer.
- If anyone follows you, bothers you or makes you feel uncomfortable, get away from him or her as quickly as you can, then be sure to tell a parent, teacher or other trusted adult.
- One of the most important tips – TRUST YOUR GUT FEELINGS - if something does not feel right, do not be concerned with being impolite or hurting someone's feelings.
- If someone does get a hold of you and tries to take you somewhere, do everything in your power to quickly get away and shout, "This person is trying to take me away!" or "This person is not my father/mother!" and run towards shops or busy places with people.



## Absence Procedures

Please remember to use [absence@stfrancis.surrey.sch.uk](mailto:absence@stfrancis.surrey.sch.uk) to report that your child is ill or will be in late or leaving early for an appointment. Please do not use office email.

Notification should be made by 9.30am on the first day of absence. You need to notify the school on **each** continuing day of absence, even if you expect your child to be off school for a few days. Where possible, all other appointments should be made outside school hours.

Please provide details of why they are off, unwell is not sufficient. In the event of vomiting or diarrhea would you please keep your child at home until they have been free of all symptoms for at least 48 hours.



## Communicating with staff (first port of call should be via the class teacher)

1. School Planner- all general messages that are non-confidential.
2. For the attention of the class teacher, please email the school office.  
[office@stfrancis.surrey.sch.uk](mailto:office@stfrancis.surrey.sch.uk)
3. Requests for meetings should come via the school planner or office.
4. Confidential messages should be sent via the school office (email or hand-written) and should be marked for the attention of the staff member and marked confidential.

### ***SEND Coffee Morning***



***Friday 6th March at 9am***

***Blossom Room**— please enter through the double doors  
to the Junior Library not through the Office*

This will be an opportunity for parents to come along and ask any questions or have any queries answered. It is also an informal chance to meet with other parents and carers, who may have similar experiences; we are keen to build a network of people that can provide support and encouragement with the rewarding, but challenging, life of a parent.

**All parents and younger siblings welcome**





## **I'M NOT NAUGHTY - I HAVE AUTISM**

Interactive and intensive 3 week course to help understand autism, share experiences in friendly, non-judgemental environment

**start: Tuesday 17th March 2020    end: 31st March 2020**

**9:30-2:30 pm**

**Coffee/Tea from 9:15 am**

**Caterham Children's Centre Marden Lodge Site**

**Croydon Road CR3 6QH**

***Booking via Caterham Children's Centre***

***tel: 01883 348641***

**During the course we will cover:**

- what autism is
- problems with social interaction and communication
- sensory processing and self-regulation
- link between autism , anxiety and meltdowns
- strategies to support including available therapies
- your rights as parents and your mental well-being
- hands on practice including making visuals, social stories and playing with blocks

**The workshop is delivered by Ola Malanska,**

**MA Ed, experienced practitioner and parent of an autistic boy**

[www.caleidoscope.org.uk](http://www.caleidoscope.org.uk)

Registered CIC number: 12219552

CAMHs ASD Parent Support Group. This group is organised by CAMHs and runs on a monthly basis. Session are between 9:30 and 11:30am at Gatton Place, St Matthews Road, Redhill. RH1 1TA. For further information please contact Redhill CAMHs on 01737 288700.

# Understanding Children's Behaviour Course for Parents/Carers

## Description

Identify different types of behaviour, how the use of routines and praise can encourage positive behaviour, explore strategies for dealing with difficult behaviour. Free Family Learning 5 week course for parents/carers of children aged up to 7. Pre-booking essential.

## Who to contact

Contact Name

Jane Lawrence

Contact Position

Assistant Curriculum Manager

Telephone

01483 518435

07800 728452

E-mail

[jane.lawrence@surreycc.gov.uk](mailto:jane.lawrence@surreycc.gov.uk)

Website

[surreycc.gov.uk/.../familylearning](http://surreycc.gov.uk/.../familylearning)

## Location

Marden Lodge Primary School

Address

Croydon Road

Caterham

Postcode

CR3 6QH

## Time / Date Details

Thursday 16 January - 13 February 2020 - 1pm - 3pm

Session Information Pre-booking essential



**Contact information:**

Text: 07557 351405

Email: [flexiflics@gmail.com](mailto:flexiflics@gmail.com)

**Monday and Friday Morning  
Gymnastics Club At St Francis**

A gymnastics club will be running in the hall on a Monday and Friday morning.

Monday morning sessions are for year 1 and 2 and will run from 8:00 – 8:45am.

Friday morning sessions are for year 3 – 6 and will run 8:00-8:45am. Children are dropped off at the school office, and will get changed ready for class at the end of the session.

If you wish to sign up, your child will learn different gymnastics moves and progress through the Winstrada award scheme, hopefully achieving a badge and certificate at the end of the term, which can be purchased for £3.50. In addition to this your child will develop their coordination, balance, confidence and general gymnastics skills, while being in a fun and safe environment.

The course will run for 10 weeks this term.

Monday class will run from 13<sup>th</sup> January – 23<sup>rd</sup> March

Friday class will run from 10<sup>th</sup> January – 27<sup>th</sup> March.

(excluding half term and inset days)

The cost for this term is £50.00 (£5.00 a session)

**To book a space at before school gymnastics club please contact Flick on 07557 351405 or email her at [flexiflics@gmail.com](mailto:flexiflics@gmail.com).**

A link and payment information will then be sent to you to register your child's place via our online booking system. Please complete the form and follow payment instructions.

Please note, new starters are allocated spaces, on a first come first served basis. If the class is full when you contact us we will let you know and you can be added to our waiting list in case a space becomes available. Spaces will not be held without payment, so please ensure you do both.

Please also note, all fees are non-refundable once your child has been received a space.

**We hope To See You At Gymnastics  
The Flexi Flics Team**



Dear Parents,

**We help parents, just like you, transform their children into Highly Confident, Focused Leaders by developing lifelong Character and Success in just weeks!**

Having helped over 5,000 children inside our school clubs we have a world class programme with a great track record for results. We are now one of the most successful and forward-thinking martial arts organisations in the UK.

Our small but driven team of instructors have a passion for developing character in young people and aim to make a massive impact, very quickly on areas your child needs to develop. Each child is taken on an exciting journey guiding them to become more resilient, determined, courageous and positive with their own personal instructor.

If you want to see your child develop a blackbelt character, we can turn that vision into a reality. To ensure your child doesn't miss out please follow the details below.

**Spaces are very limited.**

1. Search "LondonTKD" on the App Store or Google Play Store
2. Download our App
3. Click New User, enter Studio Code: **LondonTKD**
4. Create your new account
5. Go to Menu buy clicking the ≡ in the top left hand corner
6. Click Memberships to select your preferred membership plan
7. You will receive a booking confirmation via email when registration is complete



[hello@london-tkd.co.uk](mailto:hello@london-tkd.co.uk)



[facebook.com/LondonTKD](https://facebook.com/LondonTKD)



iOS and Android



07553 065214



Each school club has an instructor to personally mentor your child, encouraging life changing self-belief without setting limits on what they can achieve.

In just a few short weeks, children develop vital skills for life that physically and mentally empowers them.

Our high impact classes take children on a journey to develop these 8 Pillars of Success.



We believe the environment dictates performance and that's often quite hard to achieve at home, and it's impossible to achieve without some extra help and support. If you feel your child would benefit from development in any of these key areas, register your child now to avoid missing out as places are very limited.



[hello@london-tkd.co.uk](mailto:hello@london-tkd.co.uk)



[facebook.com/LondonTKD](https://www.facebook.com/LondonTKD)



iOS and android



07552 045244

Thrive is a specific way of working with children that helps to develop their social and emotional wellbeing, enabling them to engage with life and learning. It supports them in becoming more self-assured, capable & adaptable. It can also address any troubled, or troubling behaviours, providing a firm foundation for academic attainment



### Thrive Guiding Principles:

Every child is a unique person, constantly developing & learning in different ways and at different rates, each with their own abilities, talents & potential to be fulfilled

Children's healthy development, emotional wellbeing & learning are crucially dependent on, and promoted through positive relationships.

Children flourish when they are confident, self-assured, capable and resilient

Children thrive in enabling environments where their individual development, learning experiences and needs are understood, responded to and supported through strong relationships with parents and carers.



## Let's help YOUR child to Thrive



*Tara & Rachel are licensed Thrive Practitioners*



