# St. Francis' School Newsletter

19<sup>th</sup> December 2019



# Value of the month – Patience



All the staff wish to thank parents and children for the many gifts, cards and kind wishes received. We wish everyone a Happy and Holy Christmas and a Peaceful New Year with your families.

### **Christmas Lunch**

The children thoroughly enjoyed their Christmas lunch and enjoyed wearing our Christmas jumpers. We had fun pulling crackers and sharing the jokes with each other and eating a tasty lunch, which was a credit to the excellent catering team we have in school. Our Cook Caroline, with help from Laura, Natalie, Dawn, Carol & Jeanette provided a lovely Christmas dinner with all the trimmings. Lunch was served by the staff and Christmas crackers were donated by the School Association. The children made party hats and Christmas songs added to the festive atmosphere. The children presented gifts to the cook and her team in appreciation of their culinary efforts throughout the year.



### Silver Coin for Shelter

The Reflection Liturgies were thoughtful and prayerful, as we considered others at this special time of year. We raised £140 which will be sent to Shelter. Thank you.







### **Recycling crisp Scheme**

St. Francis School have joined the 'Crisp Packet Recycling Scheme' whereby our collected, empty crisp bags are used – amongst other things - to make foil blankets for air ambulance patients etc...

As well as the collection box we have in the dinner hall, in January there will also be a box at reception. All we ask is that you shake out any excess crumbs and flatten the crisp bags then when you have a batch in a bag, bring them in. The large multi-pack bags are also accepted.

With the help of my Eco Warriors, the bags will be packed up and weighed ready to be collected on a monthly basis.

Many thanks, Merry Christmas and Happy crisp eating!

# Communicating with staff (first port of call should be via the class teacher)

1. School Planner- all general messages that are non-confidential.

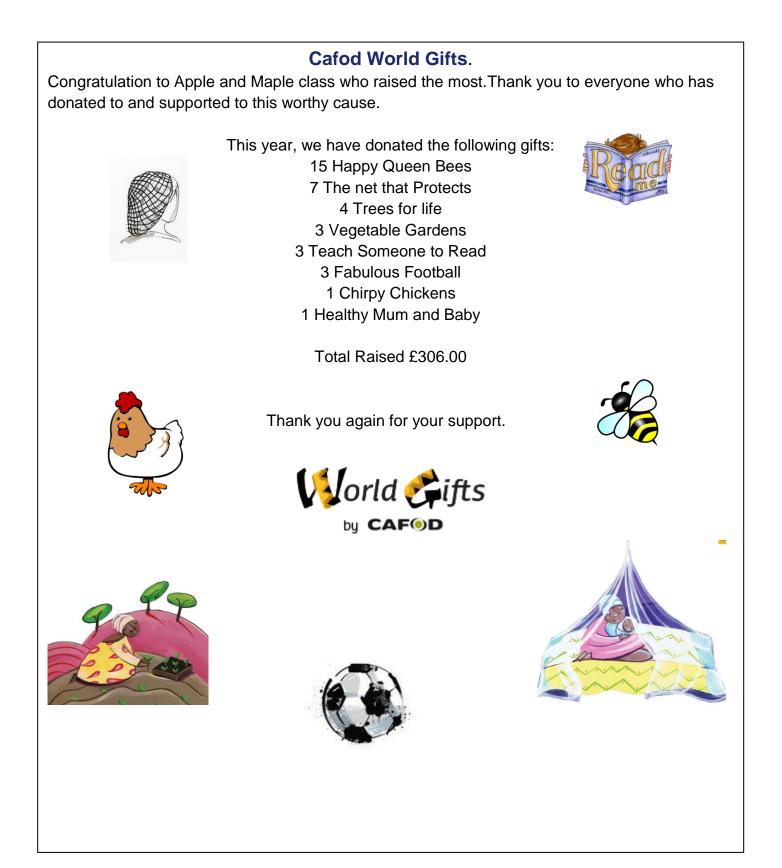
2. For the attention of the class teacher, please email the school office. <u>office@stfrancis.surrey.sch.uk</u>

3.Requests for meetings should come via the school planner or office.

4. Confidential messages should be sent via the school office (email or hand-written) and should be marked for the attention of the staff member and marked confidential.

### Food Bank and Support for Families in Need

Please can our families be aware that the school has access to some support networks for families in need. This might be particularly important as Christmas can be a difficult time of year for some families. If a family needs support, please contact Mrs Wheeler (Headteacher) or one of the Senior Leadership Team for details of help available. All enquires will be dealt with in utmost confidence.



### **Drama at St Francis**

Congratulations to our St Francis drama group children who performed at the Barn Theatre. Their acting skills and exceptional behaviour were complemented on by many who attended. Well done. Thank you to Mrs. Palmer and her team for all their preparation and hard work.

# **Cross Curriculum Excellence**

Today during our end of term Christmas Assembly, Year 6s treated us to a selection of their annual Christmas cards, which have been designed and created to show wonderful examples of what can be achieved, using cross curriculum links activities merging Science, (electricity & circuits) and Design & Technology.



January 2020				
20 <sup>th</sup>	December	Inset Day School Closed		
6 <sup>th</sup>	January	School re-opens 9am		
15 <sup>th</sup>	January	Deadline for Reception place applications		
13 <sup>th</sup>	February	School closes for half term @3.30pm		
14 <sup>th</sup>	February	Inset Day School Closed Friday 14 <sup>th</sup>		
4 <sup>th</sup>	March	Down House (Year 6)		
9 <sup>th</sup> /10 <sup>th</sup>	March	Science Planetarium (both days)		

### **School Fund/ Governors Fund Letter**

Please can all parents return the response slips attached to our Chair of Governors letter sent out recently, regarding School Fund & the Governors Fund.

A reply is required by all families and we do not want to have to chase you. Your assistance is greatly appreciated.

### **School Office Hours**

Please be reminded that the school office is open to parents from 8:45am until 4pm, Monday to Friday only. Outside these hours, the gate buzzer and telephone are not supervised.

If you need to arrange for your child to be collected early from an internally run club, please make sure that you let the school office know as early as possible, preferably before 1pm. If they attend an externally run club, please contact the provider directly to arrange early pickup. Thank you.

# **Payments**

Please ensure that <u>all</u> payments sent to school office are put in an envelope, clearly marked with your child's name and what the money is for. Thank you

### Primary School Admissions for 2020

Please remember the deadline for **Reception 2020 applications** to School Admissions is the 15<sup>th</sup> January. Any applications received after this date are treated as late applications

# E-Safety Update

E-Safety Update (3) This week's link is to the NSPCC website, and provides information on how to set parental controls to enable safe searching on the internet.

https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/parental-controls/

### Lunch Money

The amounts due for the Spring term are as follows:

Weekly - £11.75 First half term - £68.15 Second half term - £70.50 Whole term - £138.65

### **Reminder – Letters Home**

Please can we remind parents of the <u>importance of responding to school letters</u> <u>promptly.</u> The school office is spending a vast amount of time, and money on texts, chasing outstanding payments and paperwork If you have any queries or difficulties with payment, please contact the school office. Thank you

# **Absence Procedures**

Please remember to use <u>absence@stfrancis.surrey.sch.uk</u> to report that your child is ill or will be in late or leaving early for an appointment. Please do not use office email.

Notification should be made by 9.30am on the first day of absence. You need to notify the school on **each** continuing day of absence, even if you expect your child to be off school for a few days. Where possible, all other appointments should be made outside school hours.

Please provide details of why they are off, unwell is not sufficient. In the event of vomiting or diarrhea would you please keep your child at home until they have been free of all symptoms for at least 48 hours.

# **School Association**

Merry Christmas & A Happy New Year!

Winter Disco - 24th January Spring Ball - 7th March Quiz Night - 25th April Circus - 25th June

stfrancischristmasfayre@hotmail.com



# CONTACT US

Drop in and speak to our Primary Mental Health Worker for a friendly, informal chat from 9 to 9:30 every Thursday.

> Phone consultations by appointment only

One to one meetings by appointment only

Call Mrs Dommett on: 01883 342005 Email lorna.dommett@stfrancis.surrey.sch.uk

#### **Useful Contact numbers:**

Samaritans:	Free phone 116 123		
Parentline:	0808 800 2222		
Child line:	0800 1111		
NHS direct:	111 - non emergency helpline		
Family Information Service:			

new.surrevcc.gov.uk/people-andcommunity/family-information-service . .

Young Minds:	www.voungminds.org.uk
	0808 802 5444
Kooth:	kooth.com

Kooth:

### What is a Primary Mental **Health Worker?**

We work with anyone aged 6 to 18 that is experiencing mild to moderate mental health difficulties.

Working on a short term basis to benefit young people around their struggles.

This could include things like:

- Anxiety
- Self-harm
- Suicidal thoughts (without attempting or making plans to commit suicide)
- Low moods
- Consistently angry
- Withdrawn from others
- Self Esteem / Body Image/ Self Worth
- Bullvina
- Help to minimise the impact of negative life experiences
- Bereavement/Loss

#### You can see our PMHW in school.

### PMHW

### Confidentiality

We believe you have a right to privacy so we offer а confidential service.

Everything you tell us can confidential. remain This means we won't talk about any details you tell us to anyone else unless there is a serious risk of harm to you or another person.

#### How are we doing?

We want to hear what you think about our service to help us offer the best service possible. Please let us know what we are doing well and how we could improve. You can do this by completing an evaluation form available from our Primary Mental Health Worker.

# **Primary Mental Health Worker** (PMHW)



A service for children, parents and staff who would like to discuss mental health difficulties with a professional in school.



### How to refer

If you would like to find out more or to be referred to our Primary Mental Health worker:

- Speak to our Inclusion Manager Mrs Dommett
- Speak to our ELSA Mrs Hamilton
- Come to a drop in session on Thursdays at 9am
- Call or email us (see over for details)

#### Ways our support is delivered

There are many different ways in which we can provide support, these include:

- Solution focused intervention
- Guided self help
- Group Work
- One to one





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Contact information: Text: 07557 351405 Email: flexiflics@gmail.com

# Monday and Friday Morning Gymnastics Club At St Francis

A gymnastics club will be running in the hall on a Monday and Friday morning. Monday morning sessions are for year 1 and 2 and will run from 8:00 – 8:45am. Friday morning sessions are for run for year 3 – 6 and will run 8:00-8:45am. Children are dropped off at the school office, and will get changed ready for class at the end of the session.

If you wish to sign up, your child will learn different gymnastics moves and progress through the <u>Winstrada</u> award scheme, hopefully achieving a badge and certificate at the end of the term, which can be purchased for £3.50. In addition to this your child will develop their coordination, balance, confidence and general gymnastics skills, while being in a fun and safe environment.

> The course will run for 10 weeks this term. Monday class will run from 13th January – 23<sup>rd</sup> March Friday class will run from 10<sup>th</sup> January – 27<sup>th</sup> March. (excluding half term and inset days) The cost for this term is £50.00 (£5.00 a session)

# To book a space at before school gymnastics club please contact Flick on 07557 351405 or email her at <u>flexiflics@gmail.com</u>.

A link and payment information will then be sent to you to register your child's place via our online booking system. Please complete the form and follow payment instructions.

Please note, new starters are allocated spaces, on a first come first served basis. If the class is full when you contact us we will let you know and you can be added to our waiting list in case a space becomes available. Spaces will not be held without payment, so please ensure you do both.

Please also note, all fees are non-refundable once your child has been received a space.

We hope To See You At Gymnastics The Flexi Flics Team



### The Rock Project -

The Rock Project is a national school of rock and pop and teaches children aged 7-11 and 11-18 guitar, bass guitar, drums and vocals as well as the opportunity to play in a band. All abilities accepted.

Sunnydown School Caterham CR3 5ED Saturdays 10:00am - 12:00pm for ages 7-11 (primary school age) and 12:15pm to 14:15pm for ages 11-18 (secondly school age)

Old Lodge Lane Baptist Church Purley CR8 4BQ 17:00pm - 19:00pm for ages 7-11 (primary school age) and 19:15pm to 21:15pm for ages 11-18 (secondly school age)

Secure your place by booking now. Each week (term time only) students will receive an hour of tuition in a maximum group of 5 per tutor, in separate rooms, learning some fantastic songs. Then the other hour is spent as a group playing in bands and putting into practice what they have learned in their lesson. As the students build up a set list of songs over the year, each July they perform in The Rock Project annual gig on stage in front of friends and family. So why not come along and see if it's for you?

To book in for your FREE taster session (any first session is free) and to enquire for more info, please contact Clara & Graeme on <u>croydon@therockproject.com</u> or visit for further info <u>http://www.therockproject.com/</u> <u>Facebook: The Rock Project Croydon</u> Instagram: trpcroydon2







**CATERHAM CRICKET CLUB** established 1873

Once again we will be running our Winter Cricket Coaching for primary school children at Caterham School Sports Hall from Noon on Sundays.

First session will be on the 5<sup>th</sup> January, 2020, and sessions will run through to the end of March, 2020.

Sessions will run by ECB qualified coaches for 80 minutes and will be based on fun and games.

Everybody is welcome even if you have never played before. No equipment required. Loose sports clothes to be worn.

Cost £ 6 per child per session.

Please contact Colin Mico (mob 07968168884 or colin mico@yahoo.co.uk) for more details.