

## Value of the month – Respect

Dear Parents

Another busy week has flown by! Well done to those children who took part in this week's **inter-schools cross country**, they showed great team spirit and resilience. Thanks to Miss Steward and Miss Riddell for organising the event.

Thank you also to those **volunteer helpers** who attended the Safeguarding Training this week. There is a further session planned for Friday 15<sup>th</sup> at 2:45pm. There are many helpers in school, so please do try to attend this session.

### Remembrance Day

If your child is a member of Beavers, Cubs, Scouts, Rainbows, Guides or similar uniformed groups, they may come to school on **Monday 11<sup>th</sup> November** in their club uniform. Any children who are not member of these group should come to school in their school uniform

### Supporting The RSPCA (Year 6 initiative)

**Friday 15<sup>th</sup> November 2019** will be a "Crazy Hair Day" in support of the RSPCA. The year 6 children have initiated and are running this event. School uniform is to be worn as usual, but the children can have 'fun or crazy hair' on the day. Any donation towards this charity is welcome.

Thank you.

### Link to Hope Shoe Box Appeal

Thank you for your great response to this year's Link to Hope Shoebox Appeal. We collected a wonderful 144 shoeboxes in total. Well done to Larch Class who won the prize for the class that collected the most boxes with 18. The boxes have been collected from school by the charity this afternoon. This year, we had 17 boxes that did not have the £3.00 contribution on them. If you realise that you have forgotten to attach yours, please send it in via the office and we will forward it on.

We would like to say a big thank you to Mrs McElduff and her team of helpers for coordinating this successful event.

**Christmas Card orders - Reminder:** **Monday 11<sup>th</sup>** Christmas card orders are being collected on Monday, please make sure any further orders are received at the office first thing Monday morning, unfortunately late orders cannot be accepted. Thank you.

Best wishes

Mrs Wheeler



### **Volunteer Helpers: Safeguarding Confidentiality & Code of Conduct Training**

Dates for updating and or renewing our safeguarding, confidentiality and code of conduct training for our volunteer helpers will be as follows:

Please can anyone who volunteers on a regular basis in school try to arrange one of the three sessions.

- **Friday 15<sup>th</sup> November 2.45 -3.30pm**

If you have a problem with attending one of these please can you contact Mrs Dommett via the office.

### **E-Safety Update**

In order to support our ongoing E-Safety work in school, we will be sharing regular ideas with parents via this newsletter. The first is a handy guide from <https://nationalonlinesafety.com/> on age-related suitable apps for children.

[https://nationalonlinesafety.com/resources/wake-up-wednesday/suggested-apps/?utm\\_source=Socials&utm\\_campaign=WUW](https://nationalonlinesafety.com/resources/wake-up-wednesday/suggested-apps/?utm_source=Socials&utm_campaign=WUW)

There are still some outstanding 'Acceptable User Agreements' for using technology in school that need to be returned. Please do this as soon as possible.

### **Food Bank and Support for Families in Need**

Please can our families be aware that the school has some access to support networks for families in need. This might be particularly important as Christmas can be a difficult time of year for some families.

If a family needs support, please contact Mrs Wheeler (Headteacher) or one of the Senior Leadership Team for details of help available. All enquires will be dealt with in utmost confidence.

### **Open Afternoon and School Tour for next year's Reception Parents**

There will be the following event for prospective parents: **Open Afternoon & Tours**  
1:30pm - 2:30pm Thursday 14<sup>th</sup> November  
2019. The Headteacher will address parents at the start of both events.

**Please could any prospective parents who wish to attend contact the school office to book place**

### **The Sacred Heart Parish Christmas Fair**

is being held on **Saturday 30<sup>th</sup> November** from **11.00am to 2.30pm** at the Centenary Hall, Essendene Road in Caterham. Stalls include a Grand Draw, Arts & Crafts, Home Produce, Beauty, Jewellery, Tombolas, Toys, Father Christmas and many more. All money raised will be shared by the 5<sup>th</sup> Caterham Scout Group, the SVP and Iraqi refugees in Jordan. Please join us and help to make this event a success and raise money for the good causes.

### **School Fund/ Governors Fund Letter**

Please can all parents return the response slips attached to our Chair of Governors letter sent out recently, regarding School Fund & the Governors Fund.

A reply is required by all families and we do not want to have to chase you. Your assistance is greatly appreciated.

## St John's Christmas Fair

St John's Church Caterham is holding its annual Christmas Fair on Saturday 30th November from 10 am until 2 pm with many stalls including gifts, Christmas crafts and cards, cakes, homemade produce, toys, games, books and DVD's, raffle, chocolate tombola, coffee and hot lunches. Entry fee is 50p to include tea/coffee and a biscuit, with lunches starting at 12 noon.'

November/December		
11 <sup>th</sup>	November	Year 2 Visit to St Luke's Church War Memorial
14 <sup>th</sup>	November	Year 3 Science Museum Open afternoon 1.30pm. prospective parents September 2020
15 <sup>th</sup>	November	Crazy Hair Day for RSPCA UKS2 SEND COFFEE AFTERNOON 2PM Volunteer Helpers- Safeguarding Training 2.45pm
18 <sup>th</sup>	November	Road Safety Week
22 <sup>nd</sup>	November	PTA Film Night – for years 1-6
25 <sup>th</sup>	November	Great Fire of London Year 1
27 <sup>th</sup>	November	Wear Red Wednesday (details to follow)
28 <sup>th</sup>	November	Refugee Goods Sale
29 <sup>th</sup>	November	<b>Inset day. Please remember – school is closed for staff training.</b>
30 <sup>th</sup>	November	Sacred Heart Church Christmas Fayre
1 <sup>st</sup>	December	Cedar Tree Lights (letter to follow)
2 <sup>nd</sup>	December	Travelling Book Fair Week
3 <sup>rd</sup>	December	Whole School Nasal Flu Sniff
4 <sup>th</sup>	December	Year six height and weight
5 <sup>th</sup>	December	Christingle Reception Details to follow
6 <sup>th</sup>	December	Mufti Day bring a bottle for the school Christmas Fayre
8 <sup>th</sup>	December	St. Francis' Christmas Fayre
9 <sup>th</sup>	December	Westminster Junior Choir (Years 4-6) Year 1 Nativity 2pm
10 <sup>th</sup>	December	Year 1 Nativity 9.30am
11 <sup>th</sup>	December	Jack and the Beanstalk Panto in School
12 <sup>th</sup>	December	Year 6 carols at Caterham Lodge – 1.30pm
16 <sup>th</sup>	December	Junior Carol Concert
17 <sup>th</sup>	December	KS2 (only) Christmas lunch (details to follow)
18 <sup>th</sup>	December	KS1 (only) Christmas lunch ( details to follow)
19 <sup>th</sup>	December	<b>School Closes @ 1pm</b>
20 <sup>th</sup>	December	<b>Inset Day School Closed</b>
6 <sup>th</sup>	January	<b>School re-opens 9am</b>

### Payments

Please ensure that **all** payments sent to school office are put in an envelope, clearly marked with your child's name and what the money is for. Thank you

### School Office Hours

Please be reminded that the school office is open to parents from 8:45am until 4pm, Monday to Friday only. Outside these hours, the gate buzzer and telephone are not supervised.

If you need to arrange for your child to be collected early

From an internally run club, please make sure that you let the school office know as early as possible, preferably before 1pm. If they attend an externally run club, please contact the provider direct to arrange early pickup. Thank you.

### Illness

When a child is absent from school, the school should be notified on each day by 9.30am, either by telephone, or email to [absence@stfrancis.surrey.sch.uk](mailto:absence@stfrancis.surrey.sch.uk) or in person at the school office.

Please provide details of why they are off, unwell is not sufficient. In the event of vomiting or diarrhea would you please keep your child at home until they have been free of all symptoms for at least 48 hours.

### Polite Reminders:

**Haircuts:** Please remember that children should not have extreme fashion haircuts while at school – try and save these for the longer holidays so the children may enjoy them and grow out enough in time for school terms.

**Smart Watches/Wearable Technology:** these must not be worn at school for e-safety and safeguarding reasons.

**Jewellery - *no jewellery should be worn in school.*** It is County and school policy that children are not permitted to take part in any form of Physical Education if wearing jewellery. This includes earrings, even if they are covered up with tape.

### Absence Procedures

Please remember to use [absence@stfrancis.surrey.sch.uk](mailto:absence@stfrancis.surrey.sch.uk) to report that your child is ill or will be in late or leaving early for an appointment. Please do not use office email.

Notification should be made by 9.30am on the first day of absence. You need to notify the school on **each** continuing day of absence, even if you expect your child to be off school for a few days. Where possible, all other appointments should be made outside school hours.

### REMINDER:

Please do not drop off your children at the school gate before 8.45am. There is no one on drop off duty before that time and therefore your child is unsupervised by an adult.

### New Lunch Menus

The new menus have been sent home today. Please note that where a fish option fall's mid-week, it will be changed to a Friday and the Friday menu changed to the other day. Please see menu below.

#### Use of Cutlery

Please can we ask families to help us out by encouraging the children to use cutlery when eating. At lunch, many children are just using forks (or fingers!) and not using their knife. Please can you help them to practise at home. Thank you again for your support and cooperation with this.

### School Association

Thank you to Sinead Mullholland, Asia Jones, Nicola Waterfall and Amanda Davies for helping to run the second hand uniform sales at parents evening.

Christmas Themed Movie Night - 22nd November. **SOLD OUT**. If you are able to offer help at this event please let Helen Byrne know. Thanks in advance.

Cinderella Pantomime at Fairfield Halls. Tickets will be distributed soon - more details to follow.

Christmas Fayre - 8th December 12-3pm. We are looking for MATCH FUNDING. Often larger companies and banks offer to match money that is raised at an event. Please see the poster in this newsletter for details and apply for funding if you can.

Please continue to bring soft toys, fancy gifts and wrapping paper in before or after school - there will be volunteers collecting each day in the infant shelter.

Also, if you have any empty fancy glass bottles please bring these in.

Jolly Jars - please start making jolly jars - these will be collected soon. There will be a prize for the class that brings in the most.

Sorry for all the requests - it's that time of year!!

All queries, ideas and donations can be emailed to [stfrancischristmasfayre@hotmail.com](mailto:stfrancischristmasfayre@hotmail.com)

### SAVE THE DATE

**Movie Night -22nd November**

**Mufti Day - 6th December - please bring in a bottle for the bottle tombola**

**Christmas Fayre - 8th December**

**Winter Disco - 24th January**

**Quiz Night - 25th April**

**Spring Ball - 7th March 2020**

**Circus - 25th June 2020 (evening)**



## WHAT IS A JOLLY JAR?

Jolly Jars are a non-sweet alternative to a lolly jar – a little treat that a kid can purchase with their own pocket money at the Market.

Jolly Jars are a jam jar filled with something **small** and **fun** or **interesting** for a kid. We will collect them instead of a gold coin during a mufti day at school. Your kids can choose what goes inside the jar, and decorate it to make it eye catching. This doesn't need to cost money – you can donate a jar of 'unwanted' birthday presents, leftover party bag fillers, or toys that are no longer age appropriate.

### Some Ideas:

- Hair clips/hair ties
- McDonalds toys
- Random lego pieces
- Miniatures
- Water balloons
- Marbles
- Crayons or pencils
- Loom bracelets/bands
- Collectible cards
- Kids craft bits & bobs
- Matchbox cars
- Barbie accessories
- Card game
- Sticker sheets
- Play jewellery



## MATCH FUNDING

Do you, or anyone in your family, work for a company which has a match funding scheme? If so you could make a real difference to our fundraising totals.

If you are not sure please do ask your employer as match funding can double the funds we raise. This makes a huge difference to the school, raising extra thousands in recent years. We are really grateful to the parents who are already supporting us with this.

If you work for one of the companies below, or another national retailer, bank, service provider etc. please do get in touch for more information.

Talk to XXXXX or email: XXXXXX

- Abbey National
- Alliance and Leicester
- Anglian Water
- Argos
- Asda
- BAA
- Barclays
- Boots
- BP
- British Gas
- Boots
- BP
- BT
- Cable & Wireless
- DHL
- Dunhill
- Fidelity
- Ford Motor Company
- Halifax
- HSBC
- Johnson & Johnson
- Lloyds
- Marks & Spencer
- Microsoft
- Natwest
- National Power
- Norwich Union
- O2
- Royal Bank of Scotland Group
- Sainsbury's
- Shell
- Southern Electric
- Stagecoach
- Tesco
- Thames Water
- TSB
- Vodafone
- WHSmiths



**NLP4Kids** After School Clubs

Sessions Run by Qualified Practitioners

For 5 - 11 years

Limited spaces available!!

Managing Emotions

Communication Skills

Fun and engaging activities that encourage positive emotional development & robust mental well-being.

Team Building

Confidence Building

Awareness of Self & Others

As well as being qualified in NLP4Kids, our practitioners have:

- An up to date DBS
- Safe Guarding Training
- Paediatric First Aid
- Insurance
- Data Protection

NLP4Kids provides workshops and coaching sessions for young people in the UK. We increase their confidence, reduce anxiety, improve communication skills and other aspects of mental and emotional wellbeing.

Our after schools clubs are a great way for children to access our techniques in a fun and friendly environment.

Termly Session Evaluations Provided for Schools

**How to Book**

Call: 0203 6677294

Email: [info@NLP4Kids.org](mailto:info@NLP4Kids.org)

Or visit: [www.NLP4Kids.org/asc](http://www.NLP4Kids.org/asc)

## Free Art Workshop

You are warmly invited to attend a creative workshop in our Art Department at Caterham School. The focus will be transfer printing onto a tote bag.

Sat 30 November

Suitable for KS2 children aged 7-10.

Children must be accompanied by an adult.

Session One: 9.30-10.30

Session Two: 10.30-11.30

To book your place at one of the sessions

email

[rachel.veldtman@caterhamschool.co.uk](mailto:rachel.veldtman@caterhamschool.co.uk)





# FREE

for every Gastronomaut in Reception and Years 1 and 2! (worth £437 per school year)

OR

# ONLY

# £2.35



Outstanding quality prepared by award winning Chefs



Reduced sugar and salt recipes



Unlimited freshly baked bread and vegetables, crudites or salad bar every day

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## WEEK 1

Week starting: 4 Nov | 25 Nov  
16 Dec | 20 Jan | 10 Feb | 9 Mar | 30 Mar

**MONDAY**  
BBQ chicken fillet with not so spicy rice  
Seashell pasta pesto  
Homemade tomato soup & croutons  
**SIDE:** Help yourself salad bar  
**DESSERT:** Melon sails\*

**TUESDAY**  
Beef enchilada with garlic bread  
Red dragon pie  
French bread margherita pizza  
**SIDE:** Selection of seasonal vegetables  
**DESSERT:** Fruit yoghurt selection

**WEDNESDAY**  
Classic roast pork with apple sauce, stuffing, roast potatoes & gravy  
Squash-oge roll with roast potatoes & gravy  
Roast in a roll with apple sauce & stuffing  
**SIDE:** Selection of seasonal vegetables  
**DESSERT:** Oaty orange finger\*

**THURSDAY**  
Veggie quarter pounder with potato wedges  
Margherita mac 'n' cheese  
Southern style wrap with crispy lettuce & lemon mayo  
**SIDE:** As much as you can eat veg bar  
**DESSERT:** Fresh fruit salad\*

**FRIDAY**  
Breaded fish fillet with home (non fried) fries  
Veggie hotdog with home (non fried) fries  
Pepperoni pasta pot  
**SIDE:** Baked beans & fresh carrot slaw  
**DESSERT:** Chocolate & beetroot muffin with crème fraîche

## WEEK 2

Week starting: 11 Nov | 2 Dec  
16 Jan | 27 Jan | 24 Feb | 16 Mar

**MONDAY**  
Spaghetti beef meatballs  
Veggie bean taco with savoury rice  
BBQ chicken bao bun with rainbow noodle salad  
**SIDE:** Selection of seasonal vegetables  
**DESSERT:** Cheese 'n' crackers with apple slices\*

**TUESDAY**  
Loaded vegetable pizza topped with slices of Quorn frankfurter  
Lentil pasta bolognese  
Cowboy hot pot  
**SIDE:** As much as you can eat veg bar  
**DESSERT:** Homebaked banana loaf\* with custard

**WEDNESDAY**  
Yorkshire pud filled with British beef & gravy with roast potatoes  
Roasted vegetable filled Yorkshire pud with roast potatoes & gravy  
Hot roast beef loaded bun  
**SIDE:** Selection of seasonal vegetables  
**DESSERT:** Fruit yoghurt selection

**THURSDAY**  
Oven baked fish fingers & fries  
Seashell pasta bake  
Loaded potato boats with cheddar cheese & ham  
**SIDE:** Baked beans & garden peas  
**DESSERT:** Fresh fruit selection\*

**FRIDAY**  
Lincolnshire pork sausages with mashed potato & gravy  
Veggie sausage roll with mashed potato & gravy  
Cheese & red pepper panini  
**SIDE:** Selection of seasonal vegetables  
**DESSERT:** Twelve15 chocolate & orange biscuit with a glass of milk

## WEEK 3

Week starting: 18 Nov | 9 Dec  
13 Jan | 3 Feb | 2 Mar | 23 Mar

**MONDAY**  
Cheese & tomato pizza with herby diced potatoes  
Glamorgan sausage with herby diced potatoes  
Homemade carrot soup with homemade bread  
**SIDE:** Winter vegetable slaw & baked beans  
**DESSERT:** Great balls of fruit\*

**TUESDAY**  
Fishwich (oven baked crispy pollock in a soft roll) with potato wedges  
Vegetable fingers with potato wedges  
One pot tuna pasta  
**SIDE:** Selection of seasonal vegetables  
**DESSERT:** Fruit yoghurt selection

**WEDNESDAY**  
Roast British chicken with sage & onion stuffing, roast potatoes & gravy  
Quorn fillet with sage & onion stuffing, roast potatoes & gravy  
Hot chicken bap with sage & onion stuffing  
**SIDE:** Selection of seasonal vegetables  
**DESSERT:** Cheese 'n' crackers

**THURSDAY**  
Build a burger with baked tortilla chips  
Margherita pizza with garlic dough balls  
Classic beef meatball sub either naked or in a homemade tomato sauce  
**SIDE:** Selection of seasonal vegetables  
**DESSERT:** Fresh fruit with crème fraîche\*

**FRIDAY**  
Roast gammon served with home (non fried) fries  
Vegan nuggets with home (non fried) fries  
Fish finger & crushed pea wrap  
**SIDE:** Baked beans & sweetcorn  
**DESSERT:** Rainbow sponge with custard

\* Suitable for Vegetarians. \*Desserts highlighted with an asterisk contain a minimum of 50% fruit. \*Desserts highlighted with a cross are made with no added refined sugar. Fruit or yoghurt is available daily as an alternative to the advertised pudding. Please check with the school as the menus may be changed to meet the needs of the school.





**Contact information:**

Text: 07557 351405

Email: [flexiflics@gmail.com](mailto:flexiflics@gmail.com)

Website: [www.flexiflics.co.uk](http://www.flexiflics.co.uk)

**Monday & Friday Before School  
Gymnastics Club at St Francis Primary School**

A gymnastics club will be running in the school hall after half term on a **Monday mornings for Years 1 & 2 and Friday mornings for Years 3-6**. The club will be run by qualified coaches and it will run 8:00-8:45am. Children will then get changed for school and go to class in time for registration.

If you wish to sign up, your child will learn different gymnastics moves and progress through the Winstrada award scheme, hopefully achieving a badge and certificate at the end of the term, which can be purchased for £3.50. In addition to this your child will develop their coordination, balance, confidence and general gymnastics skills, while being in a fun and safe environment.

The course will run for 5 weeks this half term.

It will run from Monday 4<sup>th</sup> November – Monday 2<sup>nd</sup> December 2019.

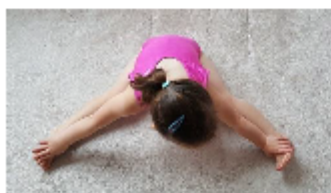
Or Friday 8<sup>th</sup> November – Friday 13<sup>th</sup> December 2019

The cost for this term is £25.00 (£5.00 a session)

Spaces are limited, and will be offered on a first come, first served basis. To book onto the course please contact Flick on 07557 351405 or [flexiflics@gmail.com](mailto:flexiflics@gmail.com). You will then receive a link to our online form to register your child. Once the form is filled out you will be added to the register and asked to make payment by bank transfer to secure the space.

Please note, all fees are non-refundable once your child has received a space.

We hope To See You at Gymnastics  
The Flexi Flics Team





Dear Parents,

London TKD at St Francis' - Wednesday Mornings 8am- 8.45am

**We help parents, just like you, transform their children into Highly Confident, Focused Leaders by developing lifelong Character and Success in just weeks!**

Having helped over 5,000 children inside our school clubs we have a world class programme with a great track record for results. We are now one of the most successful and forward-thinking martial arts organisations in the UK.

Our small but driven team of instructors have a passion for developing character in young people and aim to make a massive impact, very quickly on areas your child needs to develop. Each child is taken on an exciting journey guiding them to become more resilient, determined, courageous and positive with their own personal instructor.

If you want to see your child develop a blackbelt character, we can turn that vision into a reality. To ensure your child doesn't miss out please follow the details below.

**Spaces are very limited.**

1. Search "LondonTKD" on the App Store or Google Play Store
2. Download our App
3. Click New User, enter Studio Code: **LondonTKD**
4. Create your new account
5. Go to Menu by clicking the ≡ in the top left hand corner
6. Click Memberships to select your preferred membership plan
7. You will receive a booking confirmation via email when registration is complete



Each school club has an instructor to personally mentor your child, encouraging life changing self-belief without setting limits on what they can achieve.

In just a few short weeks, children develop vital skills for life that physically and mentally empowers them.

Our high impact classes take children on a journey to develop these **8 Pillars of Success**.



We believe the environment dictates performance and that's often quite hard to achieve at home, and it's impossible to achieve without some extra help and support. If you feel your child would benefit from development in any of these key areas, register your child now to avoid missing out as places are very limited.