

## Value of the month – Patience

Dear Parents

We have had a lovely start to our Christmas festivities with a wonderful **Christingle Liturgy** and Celebration of prayer and song by our **Reception Class**. Well done Apple and Cherry Classes – you sang beautifully and spoke clearly. Thank you to the parents and families for attending it was great to see so many of you.

**Cafod:** Don't forget the class CAFOD Advent fundraising events. See below for the Class league table!

### Poppy Appeal 2019

We have been asked to thank you all for your generosity; the poppy appeal raised £60.

**Nut Free School:** Please be reminded that we are [a nut free school](#), due to some of our children having serious nut allergies. Please **do not put Nutella, or nut based spreads, or snacks** in packed lunches or bags for playtime snacks.

We look forward to seeing everyone this weekend for the **Christmas Fayre**. Our thanks go to all those on the PTA who have been busy working away in the background to organise the day. (Don't forget to bring change please – it is helpful to have to assist the stallholders – thank you.)

**Events for next week:** The Choir sing at Woldingham, Y1 Nativity & Y2 Christmas Show, Carol singing at Caterham Lodge and Palmer Drama event at The Barn.

**Remember** – to scroll down to see other information and local community events – eg Fun event for children with SEN and Autism.

Best wishes,  
Mrs Wheeler & Staff



## Communication

As we are trying to be a more environmentally friendly school we are aiming to send out more correspondence via global email. Please keep an eye on your email account including your junk.

Ways we communicate with you:

**Email**- Via your personal email or your Tucasi email if it is different.

Email



Text



Website



Facebook



Telephone



## SCHOOL CHRISTMAS DINNER

The deadline for opting in for Christmas lunch has now passed!



	Tuesday 17 <sup>th</sup> Dec 2019	Wednesday 18 <sup>th</sup> Dec 2019
Junior children	Xmas Lunch	A festive buffet or packed lunch will be provided by the kitchen for those who normally have a school dinner on this day.
Infant Children	A festive buffet or packed lunch will be provided by the kitchen for those who normally have a school dinner on this day.	Xmas Lunch

## Food Bank and Support for Families in Need

Please can our families be aware that the school has access to some support networks for families in need. This might be particularly important as Christmas can be a difficult time of year for some families. If a family needs support, please contact Mrs Wheeler (Headteacher) or one of the Senior Leadership Team for details of help available. All enquires will be dealt with in utmost confidence.

## Coats

The days are now much colder and very changeable. We still have some children arriving in school without coats. Please ensure your child remembers to bring a coat to school.

We are never quite sure what the weather will be like, but it is important for children to get plenty of fresh air, so they will still go out in light rain conditions and will need their coats.

Thank you.

## Reminder – Letters Home

Please can we remind parents of the importance of responding to school letters promptly. The school office is spending a vast amount of time, and money on texts, chasing outstanding payments and paperwork. If you have any queries, or difficulties with payment, please contact the school office. Thank you

## **LAST SESSION OF AFTER SCHOOL CLUBS FOR THIS TERM**

CLUB	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Gymnastics	<b>2<sup>nd</sup> Dec</b>				<b>13<sup>th</sup> Dec</b>
Art Workshop	<b>2<sup>nd</sup> Dec</b>				<b>6<sup>th</sup> Dec</b>
Multiskills	<b>2<sup>5th</sup> Nov</b>				<b>6<sup>th</sup> Dec</b>
Badminton	<b>2<sup>nd</sup> Dec</b>				
Cross Country		<b>19<sup>th</sup> Nov</b>			
Arts & Crafts		<b>3<sup>rd</sup> Dec</b>			
Palmer Drama		<b>19<sup>th</sup> Nov</b>	<b>20<sup>th</sup> Nov</b>		<b>22<sup>nd</sup> Nov</b>
Football		<b>3<sup>rd</sup> Dec</b>		<b>5<sup>th</sup> Dec</b>	
Netball		<b>19<sup>th</sup> Nov</b>			
Taekwondo			<b>27<sup>th</sup> Nov</b>		
ICT			<b>4<sup>th</sup> Dec</b>		
Short Tennis			<b>27<sup>th</sup> Nov</b>		
Chess			<b>4<sup>th</sup> Dec</b>		
Poetry				<b>12<sup>th</sup> Dec</b>	
Choir				<b>5<sup>th</sup> Dec</b>	

### **Payments**

Please ensure that **all** payments sent to school office are put in an envelope, clearly marked with your child's name and what the money is for. Thank you

### **Secondary School Admissions**

If you have not already done so, please can **Year 6 parents** inform the school office of all schools you have applied for. If we know, then when places are allocated next year, we can be aware of any family who may face problems if they have not got their school of choice, and we are then able to support children in school.

Thank you

### **E-Safety Update**

E-Safety Update (3) This week's link is to the NSPCC website, and provides information on how to set parental controls to enable safe searching on the internet.

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/parental-controls/>

### .CAFOD World Gifts

It is that time of the year when we do something extra-special for those less fortunate than ourselves by taking part in CAFOD's World Gifts. Each class has chosen a gift that they would like to give someone this Christmas, and as a group, they will be raising money to purchase their gift, whether a Vegetable Garden, Water, Chickens or even a Pig! Please encourage your child to bring in whatever they are able to afford in order to help others improve their lives. Please see the list below on class choices

### **Cafod World Gifts**

As in previous years, each class has chosen a gift that they want to donate to Cafod and the children have been asked to bring in a donation instead of sending individual Christmas Cards. Please make sure all donations are in by Friday 13<sup>th</sup> December.

 <b>World Gifts - CAFOD</b>			
	<i>Total Required</i>	<i>Total Raised</i>	<i>Left to raise</i>
Apple	£24.00	£2.00	£22.00
Cherry	£20.00	£7.50	£12.50
Elm	£12.00	£0.00	£12.00
Oak	£15.00	£0.00	£15.00
Larch	£29.00	£2.00	£27.00
Beech	£15.00	£14.60	£0.40
Rowan	£29.00	£13.22	£15.78
Cedar	£32.00	£8.83	£23.17
Pine	£27.00	£19.50	£7.50
Hazel	£28.00	£0.00	£28.00
Maple	£125.00	£5.00	£120.00
Hornbeam	£16.00	£15.10	£0.90
Willow	£36.00	£5.15	£30.85
Linden	£55.00	£26.32	£28.68
r		£0.00	
	£463.00	£119.22	£343.78

### School Fund/ Governors Fund Letter

Please can all parents return the response slips attached to our Chair of Governors letter sent out recently, regarding School Fund & the Governors Fund.

A reply is required by all families and we do not want to have to chase you. Your assistance is greatly appreciated.

### School Office Hours

Please be reminded that the school office is open to parents from 8:45am until 4pm, Monday to Friday only. Outside these hours, the gate buzzer and telephone are not supervised.

If you need to arrange for your child to be collected early

From an internally run club, please make sure that you let the school office know as early as possible, preferably before 1pm. If they attend an externally run club, please contact the provider direct to arrange early pickup. Thank you.

November/December		
8 <sup>th</sup>	December	St. Francis' Christmas Fayre
9 <sup>th</sup>	December	Westminster Junior Choir (Years 4-6) Year 1 Nativity 2pm
10 <sup>th</sup>	December	Year 1 Nativity 9.30am – Letters have been sent home today
11 <sup>th</sup>	December	Jack and the Beanstalk Panto in School
12 <sup>th</sup>	December	Year 2 Christmas Showcase - Letters have been sent home today Year 6 carols at Caterham Lodge – 1.30pm – Letter emailed
16 <sup>th</sup>	December	Junior Carol Concert
17 <sup>th</sup>	December	KS2 (only) Christmas lunch
18 <sup>th</sup>	December	KS1 (only) Christmas lunch
19 <sup>th</sup>	December	<b>School Closes @ 1pm</b>
20 <sup>th</sup>	December	<b>Inset Day School Closed</b>
6 <sup>th</sup>	January	<b>School re-opens 9am</b>
15 <sup>th</sup>	January	<b>Deadline for Reception place applications</b>
13 <sup>th</sup>	February	<b>School closes for half term @3.30pm</b>
14 <sup>th</sup>	February	<b>Inset Day School Closed</b>
4 <sup>th</sup>	March	<b>Down House (Year 6)</b>
9 <sup>th</sup> /10 <sup>th</sup>	March	<b>Science Planetarium (both days)</b>



## Absence Procedures

Please remember to use [absence@stfrancis.surrey.sch.uk](mailto:absence@stfrancis.surrey.sch.uk) to report that your child is ill or will be in late or leaving early for an appointment. Please do not use office email.

Notification should be made by 9.30am on the first day of absence. You need to notify the school on **each** continuing day of absence, even if you expect your child to be off school for a few days. Where possible, all other appointments should be made outside school hours.

Please provide details of why they are off, unwell is not sufficient. In the event of vomiting or diarrhea would you please keep your child at home until they have been free of all symptoms for at least 48 hours.

## School Association

**Christmas Fayre - this Sunday!! 12-3pm.** Please come along and support our school at the fayre. It's set to be a fun afternoon with face painting, crafts, Santa's grotto and lots more. A massive thank you goes out in advance to anyone who is helping out this weekend - we couldn't do it without you.

Raffle tickets will still be available to buy on the day so please buy some if you can - fantastic prizes up for grabs!

Winter Disco - 24th January

Spring Ball - 7th March

Quiz Night - 25th April

Circus - 25th June

[stfrancischristmasfayre@hotmail.com](mailto:stfrancischristmasfayre@hotmail.com)





St. Francis' School  
Association



# Spring Ball

**7th March 2020**

Surrey National Golf Club

7pm arrival for 7.30pm  
dinner, carriages  
at 1am



Tickets are available online at:

[www.tickettailor.com/events/stfrancisschoolassociation](http://www.tickettailor.com/events/stfrancisschoolassociation)

**£37 for a three course meal & reception drink**





**Do you know any autistic children in the Caterham area who like trains?**

We're bringing our huge Brio and Tomy train sets to **The Arc** in Caterham this **Sunday afternoon** from 2-4pm for autistic and SEN children to build and play with.

The cafe will be open, and we will also have a "Quiet Zone" if the children need somewhere to chill out for a while.

Tickets are still available:

<http://engineshedcaterham2.eventbrite.com/>

**NLP4Kids**

**After School Clubs**

For 5 - 11 years

Sessions Run by Qualified Practitioners

Limited spaces available!!

Managing Emotions

Team Building

Communication Skills

Confidence Building

Awareness of Self & Others

Fun and engaging activities that encourage positive emotional development & robust mental well-being.

As well as being qualified in NLP4Kids, our practitioners have:

- An up to date DBS
- Safe Guarding Training
- Paediatric First Aid
- Insurance
- Data Protection

NLP4Kids provides workshops and coaching sessions for young people in the UK. We increase their confidence, reduce anxiety, improve communication skills and other aspects of mental and emotional wellbeing.

Our after schools clubs are a great way for children to access our techniques in a fun and friendly environment.

Termly Session Evaluations Provided for Schools

**How to Book**

Call: 0203 6677294

Email: [info@NLP4Kids.org](mailto:info@NLP4Kids.org)

Or visit: [www.NLP4Kids.org/asc](http://www.NLP4Kids.org/asc)



## CONTACT US

Drop in and speak to our Primary Mental Health Worker for a friendly, informal chat from 9 to 9:30 every Thursday.

Phone consultations  
by appointment only

One to one meetings  
by appointment only

Call Mrs Dommett on:  
01883 342005  
Email:

[lorna.dommett@stfrancis.surrey.sch.uk](mailto:lorna.dommett@stfrancis.surrey.sch.uk)

Useful Contact numbers:

Samaritans: Free phone 116 123

Parentline: 0808 800 2222

Child line: 0800 1111

NHS direct: 111 – non emergency helpline

Family Information Service:  
[new.surreycc.gov.uk/people-and-community/family-information-service](http://new.surreycc.gov.uk/people-and-community/family-information-service)

Young Minds: [www.youngminds.org.uk](http://www.youngminds.org.uk)  
0808 802 5444

## What is a Primary Mental Health Worker?

We work with anyone aged 6 to 18 that is experiencing mild to moderate mental health difficulties.

Working on a short term basis to benefit young people around their struggles.

This could include things like:

- Anxiety
- Self-harm
- Suicidal thoughts (without attempting or making plans to commit suicide)
- Low moods
- Consistently angry
- Withdrawn from others
- Self Esteem / Body Image/ Self Worth
- Bullying
- Help to minimise the impact of negative life experiences
- Bereavement/Loss

**You can see our PMHW in school.**

## PMHW

### Confidentiality

We believe you have a right to privacy so we offer a confidential service.

Everything you tell us can remain confidential. This means we won't talk about any details you tell us to anyone else unless there is a serious risk of harm to you or another person.

### How are we doing?

We want to hear what you think about our service to help us offer the best service possible. Please let us know what we are doing well and how we could improve. You can do this by completing an evaluation form available from our Primary Mental Health Worker.

## How to refer

If you would like to find out more or to be referred to our Primary Mental Health worker:

- Speak to our Inclusion Manager Mrs Dommett
- Speak to our ELSA Mrs Hamilton
- Come to a drop in session on Thursdays at 9am
- Call or email us (see over for details)

## Primary Mental Health Worker (PMHW)



A service for children, parents and staff who would like to discuss mental health difficulties with a professional in school.

Tandridge  
Accelerator Site  
in partnership with

**CAMHS &  
SURREYCC**

Helping our children help themselves

## Ways our support is delivered

There are many different ways in which we can provide support, these include:

- Solution focused intervention
- Guided self help
- Group Work
- One to one

